

Phyllis and David Komansky
C

What Are The Symptoms Of Celiac Disease?

Intestinal Symptoms

A. Diarrhea
B. Constipation
C. Bloating
D. Abdominal pain
E. Weight loss
F. Fatigue
G. Anemia
H. Osteoporosis
I. Dermatitis herpetiformis
J. Neurological symptoms

Other Symptoms

A. Headaches
B. Depression
C. Anxiety
D. Arthritis
E. Infertility
F. Miscarriage
G. Stillbirth
H. Neonatal mortality
I. Growth retardation
J. Delayed puberty

How Is Celiac Disease Diagnosed?

A. Blood tests for IgA anti-tissue transglutaminase (tTG) and IgG anti-deamidated gliadin peptide (DGP) antibodies.
B. Genetic testing for HLA-DQ2 and HLA-DQ8 alleles.
C. Endoscopy with biopsy of the small intestine showing villous atrophy.
D. Response to a gluten-free diet.

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