

Tip Sheet: Upper and Lower Endoscopy

An endoscope is a tube-like camera that is passed through an opening of your gastrointestinal tract (mouth or anus). It allows a gastroenterologist to take pictures, take biopsies, stop bleeding and even remove foreign objects.

We work closely with pediatric anesthesiologists to determine the best method for your child to undergo the procedure. Whether your child will need general anesthesia or conscious sedation will be determined by the anesthesiologist. In either case, your child will not experience pain during the procedure.

We take the most care to ensure that your child will not experience any pain during the procedure.

A colonoscopy can take 30-60 minutes. An endoscopy can take 15-30 minutes. The procedure time is typically longer depending on the amount of time it takes for your child to fall asleep and wake up.

No. This is typically an outpatient procedure.

Most patients are fully awake and drinking clear liquids 30 minutes after the procedure. Although many patients may be able to tolerate full meals, we recommend a light lunch and dinner for the rest of the day.

Your child should be able to return to school the next day.

Your physician can best explain any